

## Limieten Flanders Swimming Cup 2019

	Heren	Dames
50m vrije slag	<b>00:26,90</b>	<b>00:30,00</b>
100m vrije slag	<b>00:59,10</b>	<b>01:04,90</b>
200m vrije slag	<b>02:09,40</b>	<b>02:20,80</b>
400m vrije slag	<b>04:35,70</b>	<b>04:57,60</b>
800m vrije slag	<b>09:35,70</b>	<b>10:11,20</b>
1500m vrije slag	<b>18:15,10</b>	<b>19:37,60</b>
50m schoolslag	<b>00:33,90</b>	<b>00:37,60</b>
100m schoolslag	<b>01:13,60</b>	<b>01:21,50</b>
200m schoolslag	<b>02:39,50</b>	<b>02:56,30</b>
50m vlinderslag	<b>00:28,80</b>	<b>00:31,70</b>
100m vlinderslag	<b>01:03,90</b>	<b>01:10,30</b>
200m vlinderslag	<b>02:22,40</b>	<b>02:36,40</b>
50m rugslag	<b>00:30,70</b>	<b>00:34,00</b>
100m rugslag	<b>01:06,10</b>	<b>01:13,10</b>
200m rugslag	<b>02:23,60</b>	<b>02:37,20</b>
200m wisselslag	<b>02:25,10</b>	<b>02:39,30</b>
400m wisselslag	<b>05:11,90</b>	<b>05:38,70</b>